



Grocery List



DAIRY CASE:

- Milk
- Creamer
- Cheese
- Yogurt
- Butter/Margarine
- Sour Cream
- Cottage Cheese
- Eggs
- Bagels
- Other: _____

MEAT, FISH, POULTRY:

- Bacon
- Chicken
- Turkey
- Beef: _____
- Pork: _____
- Fish: _____
- Hot Dogs
- Sausage
- Deli
- Other: _____

BEVERAGES:

- Apple Juice
- Tomato Juice
- Gatorade
- Soft Drinks: _____
- Bottled Water
- Other: _____

DRY GOODS:

- Coffee
- Tea
- Beans/Lentils
- Pasta/Noodles
- Bread Crumbs
- Rice
- Cereal
- Grits
- Oatmeal
- Pancake Mix
- Jello/Pudding
- Cookies
- Crackers
- Other: _____

BAKING GOODS:

- Flour
- Biscuit Mix
- Corn Meal
- Cake Mix/Frosting
- Sugar
- Sugar Substitute
- Olive Oil
- Vegetable Oil
- Baking Soda/Powder
- Cornstarch
- Salt
- Pepper
- Vanilla
- Spices: _____
- Other: _____

CANNED GOODS:

- Soups
- Salmon/Tuna
- Applesauce
- Peaches/Pears
- Pineapple
- Pie Filling
- Spaghetti Sauce
- Tomatoes/Paste/Sauce
- Veggies: _____
- Other: _____

CONDIMENTS:

- Ketchup
- Mustard
- Mayonnaise
- Salad Dressing
- Jelly/Jam
- Peanut Butter
- Honey
- Syrup
- Pickles/Relish
- Vinegar
- Soy Sauce
- Other: _____

SNACKS:

- Popcorn
- Potato Chips
- Pretzels
- Nuts
- Raisins
- Other: _____

BREADS:

- Bread
- Hamburger Buns
- Hot Dog Buns
- Rolls
- Other: _____

FROZEN:

- Vegetables
- Dinners
- Pizza
- Waffles
- Pie Shells
- Desserts
- Ice Cream
- Cool Whip
- French Fries
- Hash Browns
- Other: _____

PRODUCE:

- Bananas
- Apples
- Oranges
- Grapes
- Melon
- Berries
- Lettuce
- Carrots
- Celery
- Cucumbers
- Mushrooms
- Onions
- Tomatoes
- Peppers
- Potatoes
- Orange Juice
- Other: _____

CLEANING SUPPLIES:

- Scouring Pads
- Laundry Detergent
- Bleach
- Dryer Sheets
- Fabric Softener
- Sponges
- Other: _____

PERSONAL & HEALTH:

- Vita-Worms
- Band-Aids
- First-Aid Ointment
- Advil
- Children's Motrin
- Cough/Cold Medicine
- Antacid
- Toothpaste
- Toothbrush
- Dental Floss
- Mouthwash
- Shampoo
- Conditioner
- Hair Spray
- Mousse/Gel
- Baby Soap
- Cotton Swabs/Balls
- Body Soap
- Liquid Soap
- Deodorant
- Shaving Cream
- Razors
- Sanitary Napkins
- Tampons
- Other: _____

PAPER PRODUCTS:

- Facial Tissue
- Toilet Paper
- Paper Towels
- Napkins
- Paper Plates
- Garbage Bags
- Plastic Wrap
- Aluminum Foil
- Plastic Storage Bags
- Other: _____

MISCELLANEOUS:

- Pet Food
- Batteries
- Light Bulbs
- Bug Spray
- Candles
- Other: _____